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by Connecting Local Employers  
& Individuals With  
Opportunities to Succeed



# Networks News

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This issue of "Networks News" was made possible by the News Crew:

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## SPECIAL CONCERT IN THE PARK — BY MATT R.

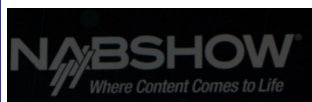
Opportunity Networks enjoyed the concert from the Nashua Community Music School on the stage at Greeley Park in Nashua, New Hampshire on Friday August 5th, 2017. The audience was surprised by how well they played and sang and went wild when the Nashua Community Music School released their 1st CD to enjoy for their very own and remember that special day. The band played songs that they wrote and songs that they know they sounded beautifully. The weather was sunny and warm not hot thank goodness the weather wasn't hot and the rain held off. The News Team even interviewed some of the audience members who attend the concert even the two teachers from the Nashua Community Music School even the bosses of Opportunity Networks. Special Thanks to Nashua Community Music School. The Concert



Ray and Darren Jamming Out!



was held that Afternoon from 1:00PM-3:00PM it was an afternoon to remember. The Night Team was at Greeley Park from 12:05PM-3:00PM. I hope The Nashua Community Music School releases a 2nd CD and hold another Concert at Greeley Park next year.



From Fore to background: A digital audio console for radio productions, an entire robotic camera system from Vinten (used in local TV news in major markets and some networks for a generation now) and a microwave newsgathering vehicle for a Miami TV station.



From foreground to background:

Arriving from Chicago at McCarran Airport, a Volcano show at the front of the Mirage Resort (where I stayed); from the NAB show, inside a production trailer used for sports or live concerts. Pictured is a Chyron Duet which generates broadcast graphics, scores, and names

## I WENT TO VEGAS TO LEARN INSANITY! — BY STEVEN

In April, I had attended the 67th annual conference for the National Association of Broadcasters in Las Vegas. Better known as the NAB Show, it's hosted annually in early spring at the Las Vegas Convention Center. Compared the McMansion real estate and go closer to home at tradeshow in the Northeast, they are like shack-ranches. This was like being in an indoor park. The NAB Show has evolved from a trade gathering for TV and radio professionals to include people from the Information Technology field as well as social media and online "content creators".

Thousands of vendors ranging from IT companies like Cisco to broadcast tech companies like Avid from Middlesex County, Massachusetts and foreign companies like VizRT from Norway was there to sell their latest and greatest "services" - software that requires customers to "rent" software.

The opening speaker to the conference on April 24th was Jane Pauley, now at CBS News' *Sunday Morning*. Other speakers featured ABC News business reporter, Rebecca Jarvis, who interviewed the CEO of Hearst Corp. (the owners of WMUR-TV—Ch 9), and asked questions about their business and projects such as fancier apps for their magazines like Cosmo and a focus on the opioid crisis at all their TV stations not just Boston's WCVB (Ch 5) or Ch. 9.

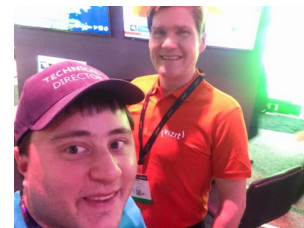
The latest trend is a change to new Digital TV broadcast specs called "ATSC 3.0", and more focus for consumers' rage with 4K or Ultra High Def. This is the digital equivalent to what you see in a movie theater.

While all this progress may be a feel good event, new technology isn't a bad thing. The methods are questionable. However the move to computers and Internet technologies may not be a blessing in disguise.

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### FUN FACTS: NAB SHOW

- ◆ Warm week, dry 90 with lots of sun
- ◆ Vendors in the thousands
- ◆ 103,000 attendees
- ◆ Under 2 MILLION square feet (World's largest convention center behind 2 places in Cali.)



On the *very same day* the News Crew visited WMUR-TV in Manchester, I had met Chris Jarzynka thousands a miles away in Vegas. Rarely seen now on Ch 9, he works for American operations of VizRT that develops CGI products for most of the US TV networks/stations.

## HUNT COMMUNITY — BY MATT R.

Hunt Community is located at 10 Allds St Nashua, NH. Hunt Community is a Life Plan Community for active, healthy people aged 62 and older, located on 16 neatly landscaped acres near downtown Nashua. The Different buildings to live in are the Munroe, Mary, and the John Building and the pavilions are the Wallace, Hunt (AKA Healthcare), and the Whitney. Hunt Community provides activities like Cooking, Health and Wellness, Bingo, Movie Showings, Mahjong, What Not Shop, Tea Time, Musical Performances, Knitting, Bridge, Chinese Train, and Special Outings.

Hunt Community is getting renovated inside and outside and hopefully the renovations will be

done by 2018. Hunt community is Half Apartments and Half Hospital. The Munroe Building has 4 floors, The Mary Building has 3 floors and no 4th Floor, and the John Building has 2 floors Floor 1R and Floor 2R. There are storage units in the Munroe, Mary, and the John Buildings. The storage units are located on the bottom floor of all 3 buildings. Hunt Community has a special tunnel. All volunteers have to wear hunt community volunteer shirts and all volunteers have to sign in the volunteer log and sign in the visitors log too. There is always something for the volunteers to do at Hunt Community.

All the residents are super friendly and nice. The residents at hunt community love us there.

We are there Mondays and Fridays 10:00AM-1:00PM, I clean the rails in the Healthcare and the Whitney, landscaping, painting, cooking on Friday Mornings 10AM-11AM. We work with Deth from Maintenance and Merri from Housekeeping. If you volunteer at Hunt Community I recommend it because it is fun and very helpful to people who work there and makes their jobs easier.



A View of the John Building

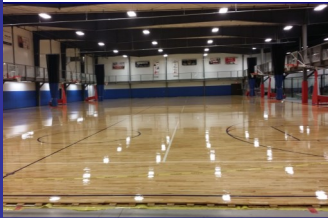


Prince Edward Island Light House

## PRINCE EDWARD ISLAND — BY JUSTIN

In the last week of August, I went to Prince Edward Island in Canada. I had fun in Prince Edward Island with my mom and dad. We drove there from New Hampshire and it took 12 hours to get there. To get to Prince Edward Island, you have to cross the Confederation Bridge. The bridge is 8 miles long and costs \$46.50 to drive over. We went out to eat at Sharky's Restaurant and I ate fish. We went to the beach and we went swimming. We also walked a trail and saw birds and animals. We are already planning our trip for next summer.





Basketball Courts



## NASHUA SPORTS ACADEMY — BY DARREN

At NSA, Darren helps his friends be kind and demonstrates teamwork. He helps staff by showing others exercises and stretches. A Game that Darren enjoys the most is steal the Bacon. This game helps everyone with sportsmanship and working together. It is a very fun game for all who play. Sometimes the participants get to choose what activity they want to play and it helps them believe in themselves.

Every month we all look forward to Health and wellness award. This award is given to the individual that demonstrates teamwork, and have gone above and beyond in the activities that they have participated in. Darren has won this award in the past and looks forward to winning it again in the soon future. Special thanks to the Sports Academy for welcoming us every Friday.

## THE 2017 GOLF TOURNAMENT — BY DARREN

On Thursday June 8th Opportunity Networks had their 27th Annual Golf Classic. News Crew was on hole 10 and were interviewing some of the golfers that were having fun. The Auction and tournament was enormous success. We would like to give a standing ovation to all of the golfers. News Crews also made a Video of us interviewing the golfers and was shown at the Auction. The top teams won a variety of prizes.

For the video interview, please visit our YouTube channel — Opportunity Networks



This year we Opportunity Networks had a team of golfers. Staff: Max and Nick,  
Program Participants: Buhba and Josh.



## INTERNET SAFETY – BY STEVEN

There has been chatter of late about Internet safety, how to surf the Web safely and dealing with strangers. However, so many of the resources are negative-first (see my Summer 2017 column.) This resource should shed light if you or a loved one is struggling to use it safely and effectively. Scaring individuals who are disabled from avoiding posting stuff on social media will result in more anxiety, depression, and walking a fine line, which will result in less selfies, and more and more photos of inanimate objects from behind.

There isn't doubt to believe that anyone with a disability may try to aspire to be like everyone else - including cyberspace.

The first line of advice is protecting your privacy. It's best to not fill out the contact forms (like house address, cell phone, and other social media contacts) unless you're asking for trouble. The best way is just because the social media site encourages you, doesn't mean you should. Typically a full name plus a verified email is the minimal



requirement. An exceptional case if it's intended for something like a side business. But do not post anything that could *personally* identify you.

If you are 13 years or older, you in theory have privacy rights. This is a Federal law called the Children's Online Privacy and Protection Act or COPPA for all

major Internet services that store personal information. (For this very same reason, is why restaurant rewards programs ask for your birthday as another example.) Also, be wary giving parents or employers your password; it's a Federal crime for people to hack into another person's email. Giving your

### PARENTS: DON'T GO THERE!

In life, there are two standards, that also extends online too. There is a growing trend on social media of playing the victim card of "I will not accept my vaccine crippled kid in diapers, shreds our furniture and it's the end of the world" bull. I don't understand how these angry mumma bloggers and commenters can get away without the fear of being punished for defaming their helpless child. Kids shouldn't talk crap about their parents, and the same rules should apply to the parents of disabled children. It's unconsensual exploitation. Anger and jealousy of other types of people is never seen in the "normal" or "neurotypical" world—so why is it in some other circles? It's simple: *don't* be that parent.



## CINEMAGIC — BY JANE



On June 20th 2016 a couple of people from Opportunity Networks started working at Cinemagic movie theater in Merrimack NH .There are different jobs we do there. Like clean up the parking lot, wash the windows, wipe the machines in the arcade and clean in the theaters. In the theaters we look to see how many people are in there and when the movie ends. We have to go in the theaters and one of us wipes off the seats and I sweep the floors. But the fun thing about working at Cinemagic is we get to see movies for free and bring a guest for free. When we go in the theater we can smell popcorn.



## Raffle Extravaganza Grand Prize \$10,000

Additional Prizes: \$1,000, \$750, \$500, \$250 & \$150  
(you do not need to be present to win the cash prizes)

**New Event Location**  
**The River Casino & Sports Bar**  
53 High Street, Nashua, NH



**Friday, December 1st**  
**7 to 9 pm Reception & Prize Drawings**

\$100 ticket invites you and a guest to a complimentary hors d'oeuvres & cocktail reception, prize drawings, and charitable gaming.

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Assisting our board member David Sturm,  
Milford, NH, with picking the 2016  
\$10,000 Grand Prize Winner  
is our program participant Bhaba, Milford, NH.

Purchase your ticket today! [www.opportunitynetworks.org](http://www.opportunitynetworks.org)

## WWE SMACKDOWN – RICHARD

Every Thursday morning at Opportunity Networks a group gets together to watch past WWE episodes. On Tuesday, May 16<sup>th</sup>, Opportunity Networks had the opportunity to see the WWE SmackDown Live in Manchester, New Hampshire to watch some exciting wrestlers in person.

The first match was AJ Styles vs Jinder Mahal. Kevin Owens came up from behind the ring, grabbed AJ Styles' legs and pushed him off. AJ was hurt because of this and then Jinder Mahal went down and grabbed AJ then the ref counted 1,2,3 for the win. Jinder needed to cheat to beat AJ Styles. Kevin Owens went back to his chair with the announcers and laughed while AJ was pinned.

The last match was Randy Orton vs. Baron Corbin. Randy Orton is the WWE champion and he walked down to the ring with the belt. During the match, the two were trying to win the belt. Randy Orton tried to go for an RKO early in the match but was unable to get it. Randy hit Baron Corbin when he was on top of the ring, and then pinned him 1,2,3.



*Continued Page 3*

### **I Went to Vegas to Learn Insanity!**

Some of the deeper discussions in the sessions revolved how things get broadcast. It was like going to a religious cult in their sessions. A lot of the broadcasting is evolving from transmitting radio waves to “streaming” internet-based media. It’s not always reliable. Wonder why your Netflix has to “buffer”? It has to do with high end computers that bring it to your device and the Internet routers and switches that need a lot of computing power to pump it out to the cloud and to your home. It’s a long story why IT professionals refuse to understand the “old way” (or engineering and operations).

The people who were talking at some of these

sessions in my opinion are very naïve, such people are “IT professionals” not literal hands on engineers. At the BBC, they believe all computing power should be equal. Instead of dedicated hardware to handle software for newsgathering, and even special machines for video editing; that “compute power” should all be lumped into one. If a show didn’t air they probably won’t blame the hiccup that was caused by their “virtual” print server that lumped into the “virtual” system that also is used to playback video.

The future is being touted as exciting, but with anything that is “bleeding edge” should be taken with caution if radio, TV and alternative media want to be taken seriously as there are media consumers who expect a “polished” product.



## ON CONFIDENCE – BY DEANNA

When I put dresses on I don't feel beautiful but in sweats pants I feel fine. When I put on a bathing suit I feel uncomfortable. When I'm with my friends I feel like the odd one out, I feel the weird one because I don't like to parties and I'd rather sit home and watch Netflix. I always feel like confused means standing up for myself but I don't know how to and I'm afraid to when I put to music on I feel confident. I relate to the lyrics and they say the words that I can't say.

## THE COLLAGE – BY NEWS CREW





*Continued from Page 5*

## INTERNET SAFETY

For some people, they prefer to have their pages set to private. Almost every social network and media sites have these options. Facebook for a number of years has supported a feature to sort your “friends” into various categories, such as acquaintances, schoolage friends, and friends in programs, etc. These categories act as privacy controls, so your school age friends will not see the stuff you are posting to your family friend lists. Furthermore, Facebook profiles can even set your profile to not be shown to search engines and strangers without a Facebook account; they will get an error message as if the profile was deleted. Someone

would need an account and be logged in.

It’s best to not personally attack, or say nasty things to anyone or anything as well. We live in a heightened society where if you say “The sky is not blue”, you could offend someone, or someone could attack you. Don’t attack persons of any type because most likely it could be illegal and be considered as “harassment”. Don’t attack CEOs, public figures, heads of states, etc. If you want to give praise to somebody online, just identify them by first name.

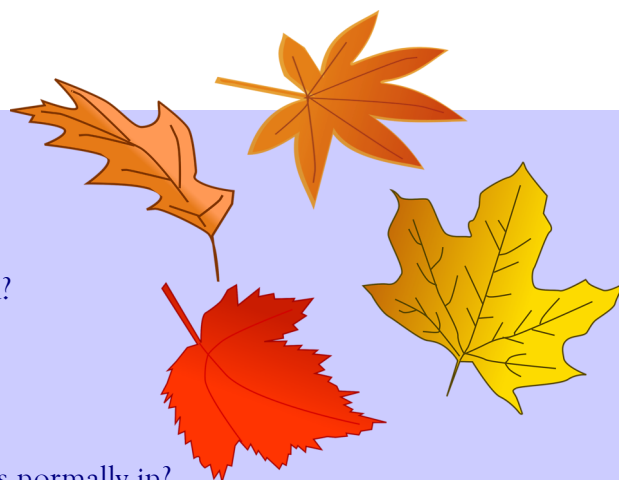
Be careful who you contact or befriend. The MTV series Catfish has exposed for over six seasons of people misleading themselves on sites like Facebook where

(allegedly) full-names are required. Facebook doesn’t vet anyone who may be falsifying who they really are. Be careful when contacting strangers. Also do not get too carried away of the “friends” count. Treat it like it’s a “Rolodex” of someone’s address book.

When in doubt, ask a family member or friend for posting stuff only because social norms and social expectations change just as fast as technology or ideas. If you are on the wrong end of a social norm (even if it was OK before) you could land yourself into trouble. It may not be the individual’s fault per se; just highlights the reality of how socialization is radical in a cyber heavy world.

## TRIVIA QUESTIONS

1. What is the first day of fall called?
2. What is an Indian Summer?
3. What is Hard Cider?
4. In what month is the world series normally in?



1. Autumn Equinox
2. Heat wave in late fall
3. Fermented apple juice
4. October

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#### Day Habilitation & Supported Employment Program

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603-889-0796

#### Vocational Rehabilitation & Employment Services

116C Perimeter Rd.  
Nashua, NH 03060  
(603) 402-1444

[www.opportunitynetworks.org](http://www.opportunitynetworks.org)

